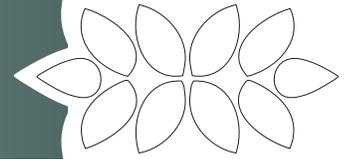


# Aesthetics By Kat

May 2019 Newsletter

Kat McArtor, Aesthetician



## Facials



A facial is essentially a multistep skin treatment and is one of the best ways to take care of your skin. A facial works best when it is part of an ongoing program of skin care.

A facial cleanses, exfoliates and nourishes the skin, promoting a clear, well-hydrated complexion, and can help your skin look younger.

### Benefits of regular facials

- Relax your mind and body
- Correct your concerns
- Support skin health - healthy skin leads to stronger immunity
- Balance skin tone and texture
- Reverse aging
- De-stress
- Self love
- Stress relief
- Skin cell renewal
- Collagen production
- Exfoliation of the skin
- Evens skin tone
- End result being healthy, glowing, beautiful skin
- Makeup goes on smoother & more even!  
Skin looks so good that makeup becomes an option!
- Professional skincare advice!

A facial helps us to avoid dull, lifeless and congested skin by stimulating blood flow. Better blood flow increases oxygen and delivery of other nutrients to underlying tissues, which helps in the efficient removal of waste products.

Facials stimulate cellular regeneration, which prevents the skin looking aged before its time so young people listen up! Regular facials maintain the tone of the underlying muscle therefore preventing lines from forming. Time will inevitably march on, however, and no matter if the humidity is always 80% or more, or you are a diehard desert denizen, a facial can help to restore your skin's natural elasticity refining its texture and making it look healthy again.



Stress always shows in the face with muscles becoming tense and rigid, causing the circulation to slow down. Lines can form this way! A facial helps you to relax, aids in natural

protection, and prevents the formation of imperfections, ie; milia, blemishes, etc. Just like a tune-up for your car (which may be a bad comparison), a facial helps with normal functioning of oil and fluid balance.

### Life cycle of a facial

Immediately after skin is radiant and hydrated  
48 to 72 hours after, skin is hydrated and circulation is improved

28 to 48 days after, new cells are created and long term benefits kick in

4 to 6 weeks after, it's time for your next facial!

Aesthetics by Kat is located inside Bella Salon in Pahrump, NV.  
Call (702) 325-1940 to schedule an appointment, or visit my website:

<https://www.aestheticsbykat.com/>

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## Glowing Results

Did you know that a facial can actually make you “glow”? Facial massage improves blood and lymph circulation which can enhance the delivery of oxygen and nutrients to cells. This makes the cells healthier and more efficient. That blood flow leaves the skin to appear brighter!

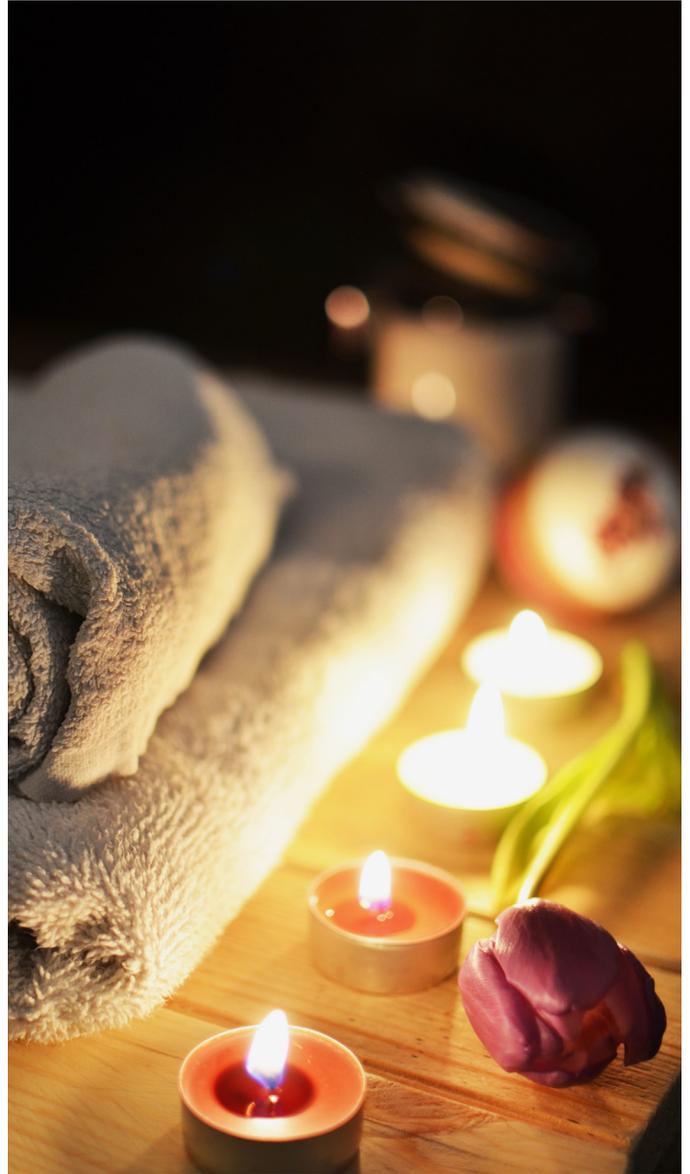
Facials are not a miracle in an hour, but they do give you a fresh start to a healthier and balanced complexion. Regular facials will help you maintain optimal skin health. During the course of your facial, you will also receive advice on the best way to take care of your skin.

Why are regular facials important? Our skin is evolving and changing on a daily basis, so a monthly facial from a trained professional is not only necessary, but beneficial when it comes to keeping your skin healthy and youthful.

*(SOOOO a facial is always the answer--who cares what the question is!!)*

Mothers Day Special Rosy Glow! \$75 - A relaxing facial with a Rose Oil massage, Rose Petal Mask and champagne! A wonderful way to treat the special lady in your life!

The Mother's Day Special is for the week of Mother's Day only! [Schedule Today!](#)



## ***Mother's Day Rosy Glow Special - \$75***

***A relaxing facial with a Rose Oil massage, Rose Petal Mask and champagne! Be sure to schedule for the week of Mother's Day to receive this special offer.***

*Happy  
Mother's Day!*